

IF YOU HAVE TO VISIT US!

TIPS FOR YOUR STAY



Shortly said

Unknown, generates fear in most children. With this information flyer we want to help you prepare your children for their stay with us, even if it lasts only a day, and make this experience as pleasant as possible.



We put increased emphasis that the parents are involved into the healing process. We give you important information for the care of your child at home after surgery. We are of course available for you on the phone round the clock.

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General preparations

You already have an appointment for surgery. If something changes we will notify you by phone.

Please begin to prepare your child on time for the visit to our clinic according to their age. For children up to school age, games and books on the topic are commercially available. Should you wish, you could also visit us beforehand (a reservation is needed), so that your child sees the clinic.

If your child has an infection (flu, fever, vomiting, diarrhea) or has been vaccinated recently, please inform us the day before surgery. Depending on the findings, it is possible that we have to postpone surgery.

Please remember that the stay will be much easier if your child takes his favorite toys, picture books, audio cassettes, the blanket or the stuffed animal. Please bring underwear and pajamas for your child.

Please bring the following, if applicable, with you:

- Insurance card, vaccination certificate
- Medical reports, examination results, x-ray images
- Allergy- Endocarditis pass
- Currently prescribed or taken medication

The night before

A full stomach could cause problems during anesthesia.

Infants under 6 months should receive their regular milk meal 4 hours before admission.

Children older than 6 months may take a light meal or milk up to 6 hours before admission.

All children are allowed to drink clear liquids such as water (non-sparkling) with or without syrup, tea, apple juice, up to 2 hours before admission.

Please bathe or shower your child the evening before and do not use oily creams.

Your arrival

It is important that you and your child arrive without stress. Take some time even if you arrive earlier to

be with us. You can take better care of your child if you do not drive yourself. This is more important for the return trip after the operation. We recommend that somebody drives you.



Hospitalization



At the reception a nurse or a physician assistant will welcome you. This person is your caregiver and responsible for the entire duration of your stay.

On the same day, several children are operated. We try to treat the smallest first. This means that your child sometimes needs to wait a little for surgery. This time can be bridged with games. The doctor will examine your child and you will be informed about the proposed measure, if you have not already done so in advance.

Premedication, with a syrup, is applied about half an hour before the procedure. This is necessary so that your child experiences less anxiety and also the separation from you at the operating room is less intense. The medication causes fatigue and a memory gap.



You accompany your child until the operating room, where our anesthesiologists receive your child. You can either wait in the waiting room or go for a walk. We can always contact you via your mobile phone if necessary.

We try to make your stay with your child, despite the hospital atmosphere, as pleasant as possible. In our clinic doctors, nurses, physician assistants and secretaries work hand in hand.

Care at home

After surgery, children are still asleep and metabolize the remaining anesthetics. You will stay with us under control of the circulatory and respiratory functions until your child is well alert and responsive, until it has eaten and drunk something and has urinated. This takes about 4-6 hours after surgery. Then you can take your child home.

In the first 24 hours the child needs pain medication. We will prescribe the appropriate drug and give you information about the dosage. In particular, for the first night your child needs a good night's sleep, so you should give it pain medication before bedtime. We recommend a light meal in the evening.

If you have problems please contact us (on the telephone number we gave you) or the next emergency in your area.

Please take care of your child as we have instructed you before and maintain the bandages clean and dry. Your child can take a bath after removal of the sutures either from us or the children or family doctor, if we used non-absorbable sutures. Wound healing is usually completed in 6-8 days.

Day surgery is also a stress for your child. One to 2 days after surgery, your child should not attend the kindergarten or school and if possible do not go alone on the road or use a bicycle.

We wish you good recovery and are always at your disposal

Checklist

Administrative

- Insurance certificate
- Passport or identity card of the child

Medical

- Letter from the referring physician (if available)
- Medical reports, examination results
- X-ray images (if available)
- Preventive medical examination pass
- Vaccination-, allergy pass etc.
- Medication (if any)
- Dietary requirements (if any)

Private

- Favorite book, toy, music (MP3-Player, CD-Player, Walkman with headphones)
- Pacifier
- Baby bottle
- Underwear
- Pajamas

Your notes and questions

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Responsible for the content

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